



UPCOMING EVENTS

SWOSNA General Assemblies

If you did not attend the last general assembly, you missed out! Jessica Saunders presented "Tween Safety."

You missed networking with over 55 school nurses from Southwest Ohio!

We hope to see you at our next General Assembly on:

February 25, 2010:

"Signing Made Easy" featuring speaker Donna Zartman from Brookville City Schools.

Location: K's Restaurant - Banquet Center , 485Arlington Rd., Brookville, Ohio.

Please [click here](#) for flyer information or go to

http://www.swosna.org/coming_events.htm

April 29, 2010:

Last General Assembly planned for the school year 2009-2010.

Topic TBA.

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SWOSNA Board Meetings

All SWOSNA board meetings are held at the Warren County Child Advocacy Center, 100 Campus Loop Road, Su. A, Franklin, Ohio 45005 (inside the Children's Specialty Care Center) from 4:30-7:30 PM.

All are welcome.

January 14, 2010

April 13, 2010

June 10, 2010

OPEN POSITIONS FOR 2010 - 2011

Open positions for 2010-2011 include *President* and *Treasurer*.

Please contact Crystal Thornton at thornton4@aol.com with possible interest or to nominate a candidate.

OASN CONFERENCE

The 37th Annual *OASN Conference* is directed by and is starring our own Ohio School Nurses!

Please save the date March 12-14, 2010.
Location: Dayton, Ohio. Marriott Hotel.

Great time for all!

Please click [here](#) to register now or go to <http://www.oasn.org/Annual%20Conference/AnnualConference.html>

OASN Silent Auction

Attention Members: OASN needs your help. The OASN Conference this year is holding a silent auction.

Do you have anything that you could donate like possibly gift cards, books, decorations, health clinic decorations, health equipment, home goods, pictures, or anything else?

If so, please bring the item(s) to our next general assembly meeting, February 25, 2010.

For further details please contact Judy Marrinan at judy@marrinan.us

LEGISLATURE ISSUES

Check out OASN new legislature update web page at <http://www.oasn.org/Legislation/legislation.htm>

It is a great resource to help quickly find your legislator to stay connected and give a school nurse voice to the legislator process.

<http://www.oasn.org/Legislation/legislation.htm>

MEMBERSHIP

Are you a current SWOSNA member?

If not, please click [here](#) or contact Judy Ganguly at judyganguly@hotmail.com to make sure to receive all the free benefits of being a member:

- * Free 3 CEUs during each school year if you attend our General Assemblies
- * Network with school nurses from 17 counties in Ohio!
- * Legislature funding for school nursing
- * Grants/scholarship opportunities for active members
- * Free copies of past power-point presentations of past speakers at general assemblies:

if you are a current SWOSNA member and would like a copy, please Contact Crystal Thornton at thornton4@aol.com

Past presentations available (no CEU available- only when attend general assembly)

September 20, 2007: A Psycho- educational Approach to Suicide Prevention. Speaker: Catherine Strunk.

November 8, 2007: Ethical Dilemmas in School Nursing. Speakers: Stacy Flint, Crystal Thornton and Kathy O'Dell.

April 8, 2008: Why Abstinence Matters. Speaker Cathy St. John

October 23, 2008: Celiac's Disease. Speaker: Sharon Moeller

March 4, 2009: Child Advocacy. Speaker. Teresa Wiles

May 7, 2009: Minors and the Law. Speaker, Gary Daniels

October 8, 2009: Tween Safety. Speaker: Jessica Saunders

MEMBERSHIP DRIVE CONTEST

Do you know a school nurse that is not a SWOSNA member?

If so, she could be your first recruit to win our new membership drive contest.

The school nurse who recruits the most new members to SWOSNA will win a \$50.00

Outback gift certificate!

Rules: Starting January 28-March 10, 2010, the school nurse who signs up the most recruits to SWOSNA will win the gift certificate. If a tie, we will randomly draw a name.

Winner will be announced at the OASN Conference in Dayton March 12, 2010.

Contest participants can click [here](#) for the membership form to use for new recruits Or complete the membership form below and mail to: Judy Ganguly, 4048 Margate Dr., Beavercreek, Ohio 45430.

SOUTHWESTERN OHIO SCHOOL NURSES ASSOCIATION 2010 Membership Application-
OUTBACK CONTEST FORM

Recruited by: _____

PLEASE FILL IN ALL REQUESTED INFORMATION

NAME (Please Print Clearly) _____

___ BSN/MSN

Other: _____

MAILING ADDRESS _____

CITY _____

STATE _____

ZIP CODE _____ - _____

EMPLOYED BY _____

COUNTY OF EMPLOYMENT _____

HOME PHONE (_____) _____

WORK PHONE (_____) _____

CELL NUMBER (_____) _____

E-MAIL ADDRESS _____

(Please * the phone number you want us to include on our One Call System)

(Personal email address preferred since many districts block our emails)

Do you have National Certification (NCSN): YES/NO (circle one)

The following SWOSNA committees interest me:

___ Membership ___ Public Relations

___ fundraising ___ Technology/Website ___ Finance ___ Historian ___ Legislature ___

Nominations/Research ___ Other:

I am willing to be the SWOSNA liaison member for my school district nurses (to assist with the dissemination of information).YES/NO (circle one)

My interests for upcoming CE programs for members:

I'm currently a member of ___ OASN/NASN _____ ONA/ANA ___ Other:

Years employed as a school nurse: _____

Numbers of students you serve: _____

Grade level (s) _____

Membership Classification: (circle one)

Active: Be a registered professional nurse (RN) holding a current and valid license issued by the Ohio Board of Nursing, & 1. I hold a current, valid school nurse license/certificate issued by the Ohio Department of Education (ODE) (Includes temporary license) 2. Or be a public health nurse contracted from the local health

authority to a school district. 3. Or have the administration, education or the provision of school health services as their primary assignment.

Member at Large: Those persons who hold a special interest in or are working with this Association and who are not eligible for any other membership classification.

Retired: Any school nurse, who is a member of SWOSNA upon retirement, shall be eligible to become a Retired member, upon notification to the Association.

Associate: Associate membership may be granted to any registered professional nurse who is not eligible for active membership but who serves a school as a professional nurse.

Student: Any student of a school of professional nursing not employed as a school nurse. Student membership shall not be granted to a person who has previously attained or been eligible for Active membership status. Student membership status shall not be renewed more than once for a graduate nurse.

2009 - 2010 Membership Dues:

Active/Member at Large/Associate: \$15.00 yearly/ 25.00 for 2 years

Retiree/Student: \$12.00/year or 20.00/2years

___ I would like to donate to SWOSNA \$_____.

This donation will be used to continue elevating the quality of school nursing and provide leadership for the delivery of quality health programs for all Southwestern Ohio School Children.

MAKE CHECK PAYABLE TO: SWOSNA:

Total enclosed \$_____

MAIL COMPLETED APPLICATION AND CHECK TO:

Judy Ganguly

4048 Margate Dr

Beavercreek, OH 45430 or email Judy at judyganguly@hotmail.com

Make a copy of this form with your check number for your records instead of a membership card

Please note that your personal information, including your email will not be shared.



Grants/Scholarships

Martha Carrick Scholarship is available to a SWOSNA member in good standing who is pursuing a post graduate degree in a program related to school nursing.

Click [here](#) for further details and application:

<http://www.swosna.org/Awards/SWOSNASchol.htm>

OASN Scholarships: please go to: http://www.oasn.org/Awards_Grants/awards.htm

NASN Grants/Scholarships: please go to: <http://www.nasn.org/Default.aspx?tabid=35>



IN THE NEWS

New CDC adult vaccination schedule- notify your staff!

The CDC has recently published new adult vaccination guidelines and recommendations.

It is now recommended that women between the ages of 19-26 be immunized with either the quadrivalent human papillomavirus (HPV) vaccine or the recently approved bivalent HPV vaccine to reduce their risk of cervical cancer. These guidelines were recently published in the Jan 5, 2010 Annals of Internal Medicine.

The article also states that for the first time that quadrivalent HPV vaccine "may be given to males aged 9 through 26 years to reduce their likelihood of acquiring genital warts." The new bivalent HPV vaccine protects against the two strains of the virus

associated with more than 70% of cases of cervical cancer.

The CDC's Advisory Committee on Immunization Practices also revised the footnote for measles, mumps, and rubella (MMR) vaccine to clarify that most adults born after 1957 do not require repeated vaccination if they can document having received at least one dose. But like everything else, there are notable exceptions: healthcare workers, college students, international travelers, and adults exposed to measles or mumps in an outbreak setting should receive two doses at four-week intervals.

Another new recommendation calls for hepatitis A vaccination of persons caring for international adoptees -- 99% of whom are from endemic countries and are likely to be asymptomatic even if they have active disease.

For further information, please go to www.immunize.org. This is an excellent web site that I highly recommend.

Most recently you can download the revised adult vaccination schedule and watch a PBS video about the HBV vaccine. Great resource for parents!



NEW RESEARCH

Office-based childhood measures may help predict future long-term risk for type 2 diabetes mellitus (T2DM), according to the results of a study reported in the January 2010 issue of Archives of Pediatric & Adolescent Medicine (January 6, 2010). You must read this study!

Many of these diagnostic measures that were performed in this study at Cincinnati Children's Hospital, including waist circumference, body mass index [BMI], systolic and diastolic blood pressure, and parental diabetes history, we as school nurses, could do annually in our clinics.

This study emphasizes the importance of early identification of children that have risk factors for T2DM. With the poor access to healthcare that many children have today, the school is an idea location to begin monitoring students for risk factors.

What a difference we could make in a life of a child and a family if we could help prevent T2DM!

(Arch Pediatr Adolesc Med (2010),164:53-60).

To obtain a copy of this article, go to: <http://www.medscape.com/viewarticle/714654>

Quick Links...

- [Not a member of SWOSNA...Join NOW!](#)
- [More About SWOSNA](#)
- [Ohio Association of School Nurses \(OASN\)](#)
- [Newsletter Archives](#)

email: newsletter@swosna.org

web: <http://www.swosna.org>